



**AWAKENING
RECOVERY**

SAVING LIVES, 12 STEPS AT A TIME™



AWAKENING RECOVERY
2021 ANNUAL REPORT

CONTENTS

WHO WE ARE	3
LETTER FROM THE EXECUTIVE DIRECTOR	4
BY THE NUMBERS	5
SUCCESS STORY	6
PARTNER ORGANIZATIONS	7
FEATURED MEDIA	8
AWAKENING RECOVERY 2021 BOARD	9
CUMULATIVE GIFTS	10
2021 FINANCIAL STATEMENT	11

WHO WE ARE

MISSION

Awakening Recovery provides a structured, life-changing path to sustainable recovery for people with chronic drug and alcohol addiction, offering access with no financial barriers.

VISION

To be a beacon of hope for those who suffer from drug and alcohol addiction and a proven model for long-term recovery, locally and nationally.

COMMUNITY VALUES

Integrity.

We believe rigorous honesty and accountability are essential to all we do.

Learning.

While our guiding principles are universal and based on the spiritual principles of the 12-Steps, we believe in evolving and adapting our methods as we learn.

Common Purpose.

Because we have a common problem with alcoholism and drug addiction, we believe our community is connected by a common solution in recovery.

Action-driven.

We believe successful recovery requires consistent action to change our behavior, which signals willingness to transform our lives.

Service.

We believe in giving back to the community that saved our lives and seek to be a multiplying force for good in the world.



HISTORY

In 2015, a few members of our recovery support community—each of whom experienced a life-saving peer-mentoring process themselves—formed the founding Board of Awakening Recovery. They recognized the desperate need for a non-profit version of a recovery home that could lovingly confront maladaptive behaviors and develop comprehensive recovery coping skills to bring about a shift in core belief systems needed to awaken residents to their new life in recovery. In July 2016 Awakening Recovery opened a 14-bed recovery home in West Los Angeles, which quickly expanded to 18 beds by February 2017. In 2021 we named our first men's house The Daly House, following the generous donation of the home from the Daly Family.

LETTER FROM THE EXECUTIVE DIRECTOR

In 2021, we celebrated our 5th Anniversary, with 8 of our alumni celebrating 5 years of recovery during the milestone year, exemplifying our focus on a long-term recovery solution that works!

Throughout 2021, we completed a new 4-year strategic plan with goals to expand locations to help us serve more people, engage alumni to bolster their success and our impact, grow our resources, and ensure our organization's capacity to achieve strategic priorities.

We progressed steadily toward our goal to open a women's house in 2022 and have already received a large gift to begin expanding our ability to support an additional house. This work includes scaling our administrative systems that will enable us to double our operations at multiple locations, designing gender-specific approaches for women, creating fundraising and marketing strategies, plus scouting for real estate.

In the last year, we have implemented a referral-based scholarship for our residents to access clinical mental health services, as many of our residents come into the house with co-occurring mental health issues, especially during the pandemic.

We have a very active alumni support community which is part of the key to

success with our residents and who serve as tangible proof that long-term recovery is possible by graduating our house process. Indeed, we are proud that over 70% of our alumni have remained sober since graduating and over 80% are currently maintaining 1+ years of sobriety. Our alumni sponsor residents in their 12-Step process, run our weekly resident phased house meetings and attend our dinners and in-depth weekly peer mentoring house meetings; they take residents to 12-step meetings, outside activities and annual community-wide trips, which are mutually beneficial to the recovery of our residents and alumni—where the alumni see the house as their recovery home base. Our alumni also receive support with their educational, wellness, mental health, medical and physical fitness needs through our generous donors and volunteers.

During the second year of the pandemic, our residents and their families found a deficit of available employment, creating an increase in financial hardship. This created an increased need for scholarships with the support of our generous donors.

Thank you for helping us make Awakening Recovery's 5th anniversary year the best yet! We look forward to fulfilling our strategic goals as we expand to help more people who are desperately in need of the long-term recovery solution we provide.

Best Regards,



David van der Velde
Co-Founder and Executive Director



Nearly 90% of our residents come to us with no ability to pay. They are often periodically or chronically homeless and/or with active legal issues facing incarceration due to their progressive addiction and alcoholism. We are incredibly proud that in our 5 years of operation, we have never had to say "no" to a willing prospective resident due to lack of access to funds. **Your support made that possible.**

BY THE NUMBERS

**SINCE OPENING IN JULY 2016,
AWAKENING RECOVERY HAS:**

HELPED OVER

130

RESIDENTS

22% of which are
Transitional Age
Youth (ages
18-25)

27

GRADUATES

35% of which are
Transitional Age
Youth (ages
18-25)

70+%

OF GRADUATES HAVE
REMAINED SOBER
SINCE GRADUATION

80+%

OF GRADUATES HAVE
MAINTAINED OVER A YEAR OF
CONTINUOUS SOBRIETY

OVER

1/2

OF OUR RESIDENTS
WHO STAY AT LEAST
30 DAYS, STAY FOR
SIX MONTHS

OVER

1/2

WHO REMAIN FOR AT LEAST
SIX MONTHS, STAY TO GRADU-
ATE, HAVE JOBS, AND MOVE
OUT WITH OTHER GRADUATES

OVER THE COURSE OF THE PANDEMIC

OVER

150

DONORS

30-35

RESIDENTS SERVED
ANNUALLY

9

NEW
GRADUATES

5TH YEAR ANNIVERSARY

8

GRADUATES WHO
CELEBRATED
5 YEARS SOBER



SUCCESS STORY HIGHLIGHTS: TWO BROTHERS



AUSTIN AND TYLER

Austin and Tyler came to Awakening Recovery in our first six months of operation as many have; through a court order in lieu of incarceration for drug related offenses. Austin became a resident in July 2016 and Tyler in November 2016. They both graduated and celebrated 5 years of sobriety in 2021. Tyler recently attained his construction contractor license and Austin went back to school and graduated with a degree in marketing. Both are well on their way to fulfilling their careers as a gift of recovery!



IN THEIR OWN WORDS



“When I came to Awakening Recovery I had no hope that I could ever stay sober, but the house showed me the path to long term sobriety and I followed it. 5 years later, my life is bigger than I could have ever imagined. I am grateful for the life I have today”

- Austin at 5 years sober



“When I got sober, I never thought I’d have the life I have today. I’m grateful for the life I live and for Awakening Recovery for giving my life back to me.”

- Tyler at 5 years sober

Hear Austin and Tyler talk about their journeys to 5 years of recovery: awakeningrecovery.org/support/#

PARTNER ORGANIZATIONS

WHY THEY SUPPORT

STRIDES IN RECOVERY

Recovery Running Training

“ We help the men become physically, emotionally, and mentally healthier so they can do their best at the hard work of recovery. We achieve these results by leading them on weekly 3-4 mile walk/runs.”

- **Leslie Gold, Executive Director**

YOGA

“ I love being able to share tools that can be used on a daily basis, to shift the way we think and help us to be steady in a world that is constantly shifting. To be able to teach the men at Awakening Recovery, and watch them transform, is deeply satisfying.”

- **Susan Ahdoot**

BREATHWORKS MEDITATION

Illuminated Healing

“ Working with the residents at Awakening is often one of the highlights of my week. Having worked at many treatment centers running breathwork groups over the years, I rarely encounter a space where the participants are so willing to do the work necessary to heal as Awakening. It's been an honor to be a part of the Awakening team for multiple years and serve a community that represents so many of the aspects that saved my own life. The combination of peer accountability, solid mentorship, and breathwork changed my life for the better in so many ways and it's a privilege to help give that back at a non-profit like Awakening.”

- **Jeff Pesner**

MEDITATION

“ I've been leading a group at Awakening for the past 5 years that teaches the residents about mindfulness, the ability to be intentionally present without judgment, and about how mindfulness can complement the other recovery skills they are learning. It is wonderful to see the residents learn how to utilize these skills over time.”

Dr. Bill Resnick,
Awakening Recovery Emeritus
Founding Board Member

REFERRAL PARTNER SERVICES

Saban Community Clinic and Exodus Recovery

We are grateful for the local non-profit service providers that graciously donate their services to our residences to help them with their mental health, medical and dental needs:

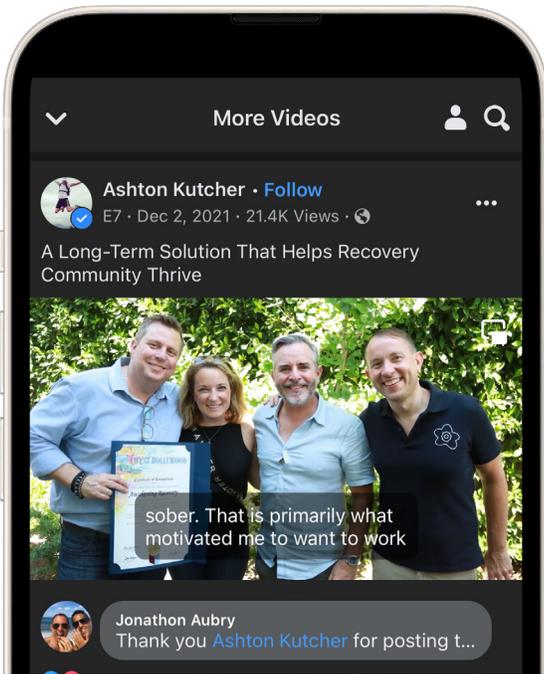


SABAN
COMMUNITY
CLINIC

EXODUS
RECOVERY



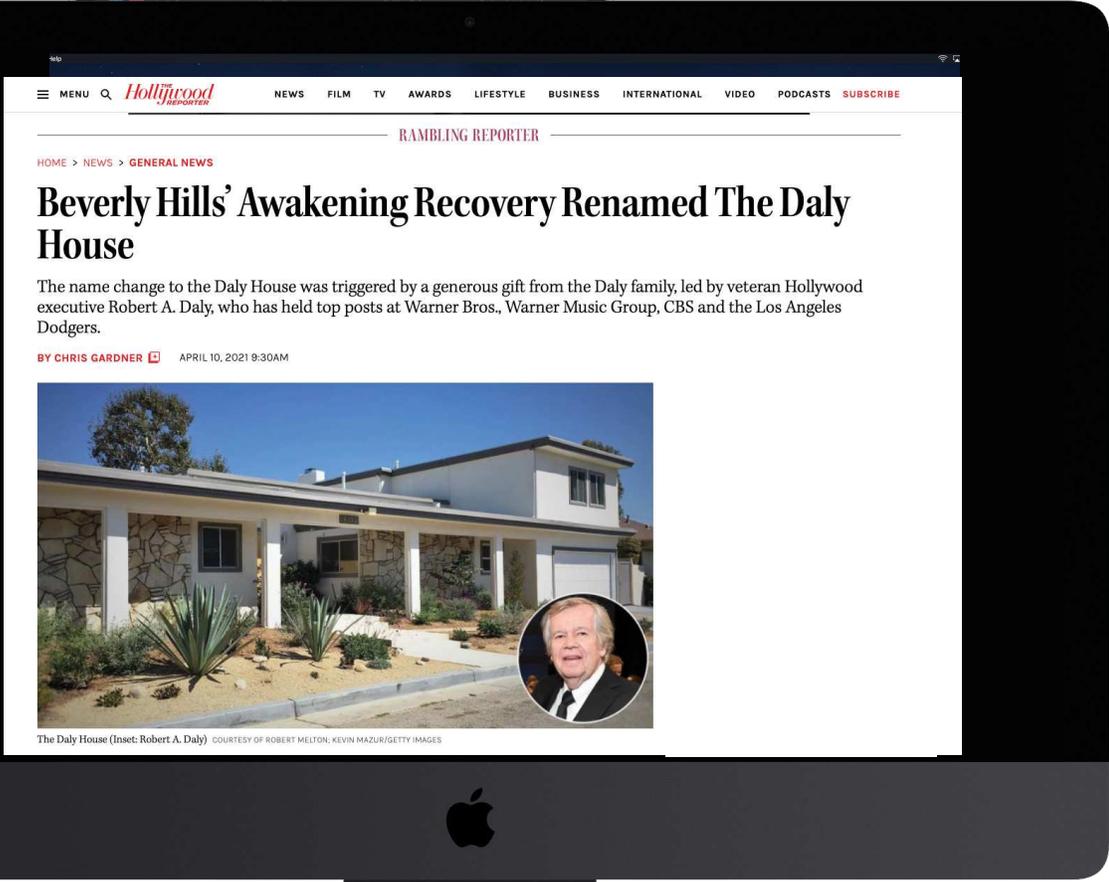
FEATURED MEDIA



a plus

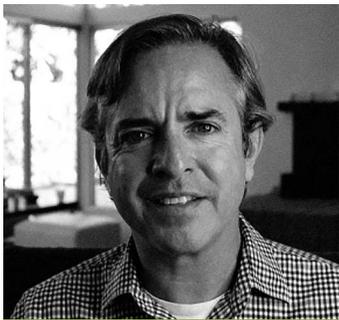
**Awakening Recovery
Featured by Ashton
Kutcher and A Plus**

**Reshared by Ashton Kutcher,
reaching over 21,000 people**



**The
Hollywood
Reporter
Features
Awakening
Recovery's
Daly House**

AWAKENING RECOVERY 2021 BOARD



Robert A. Daly, Jr.
President



Ken Mariash, Jr.
Secretary



Jonathon Aubry
Development Chair



Jody Weinberg
Member



Austin Gibbons
Alumni



Claudine Andrews
Alumni Parent



David van Der Velde
Executive Director



Bill Resnick
*Emeritus Founding
Board Member*



Jim Murphy
*Emeritus Founding
Board Member*

CUMULATIVE GIFTS

JANUARY 1 - DECEMBER 31, 2021

On behalf of our Board of Directors, staff, graduate community, and residents, thank you!

CUMULATIVE GIFTS OF \$1,000 AND ABOVE AS OF DECEMBER 31, 2021



Stacey Abrams on Behalf
of The Abrams Family

Claudine Andrews

Anonymous

Jonathon Aubry
and Abdi Nazemian

Carole Bayer Sager
and Bob Daly

Helen Cho

City of West
Hollywood

Bobby and Krishna Daly

Linda Daly

Marc de Longeville
and Margo Thole

Bruce Feldman

Mark Freund and Trice
Koopman (Brookside)

Ken and Lori Goldman

Beth and Russel Gould

Nick Hamatake
and Ken Mariash Jr.

Erik Hyman

Alexander Kadish

Blake Levy

Linda Brown Family Fund

Gratitude Retreat
Foundation

McMillen Family Foundation

Slave 2 Nothing Foundation

Larry and Lillian Postaer

John Pujol

Second District LA County
Supervisor Holly J. Mitchell

The Semel Charitable
Foundation

Skylight Foundation

Specialty Family
Foundation

State of California

Brian Stevens

The George Hoag
Family Foundation

The Oliver S. and
Jennie R. Donaldson
Charitable Trust

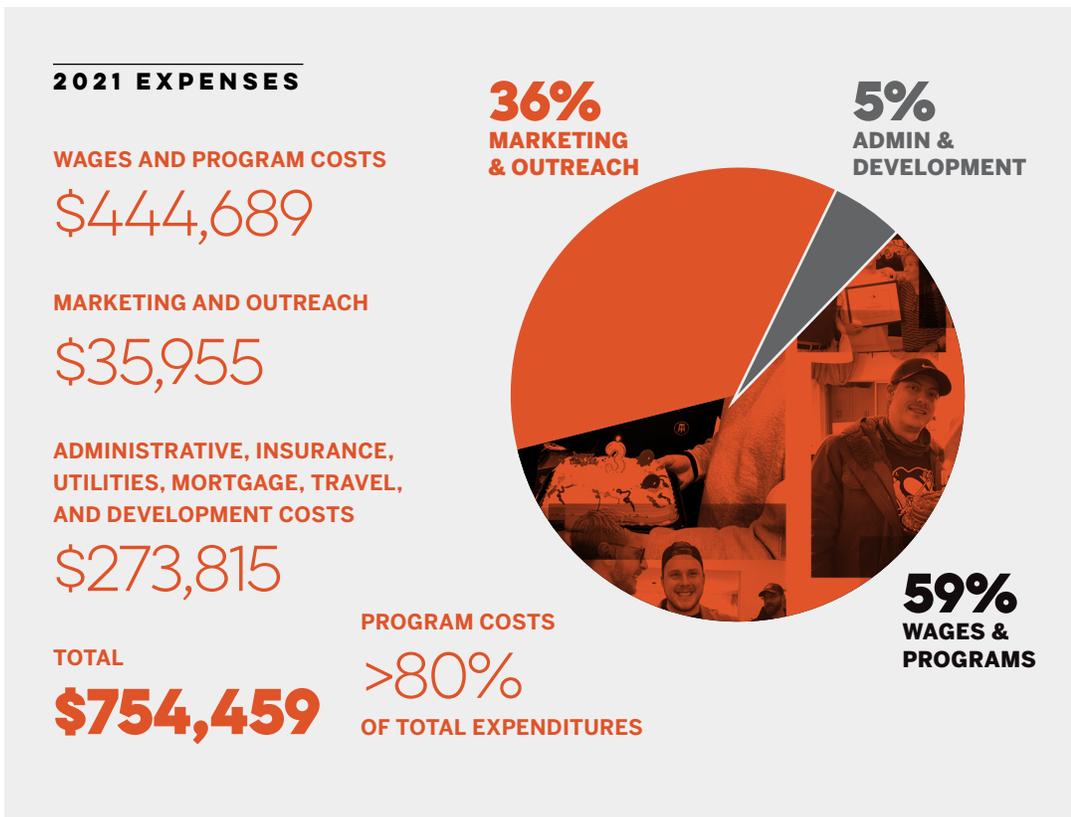
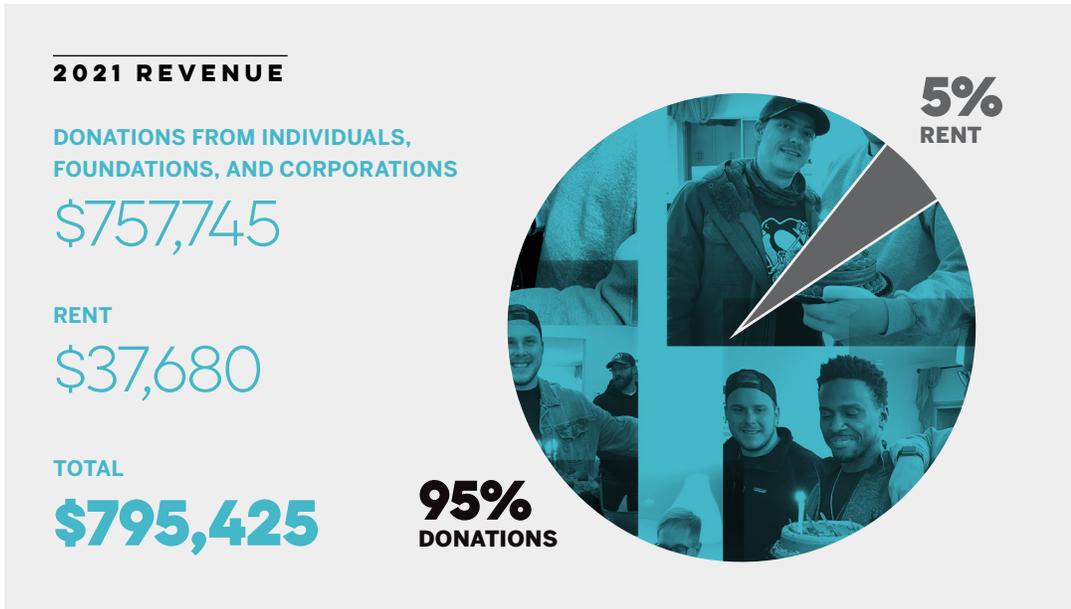
Jody Weinberg

Gerry Welles (IMO)

Women in Recovery

Marilyn Woods

2021 FINANCIAL STATEMENTS (UNAUDITED)





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