



AWAKENING RECOVERY

FALL/WINTER 2018-19

Board of Directors

Robert A. Daly, Jr. President

Jim Murphy Treasurer

Ken Mariash, Jr. Secretary

Jonathon Aubry Development Chair

Bill Resnick Member

David van der Velde Executive Director

Board of Advisors

This group advocates for us in fundraising, lending their names to our cause and participating in events. If you or someone you know want to join the Board of Advisors, please let us know. We are grateful to our current Board of Advisors:

Peggy Albrecht (In Memoriam)

Ken Seeley

Linda Daly

Jennifer Perry

David Goldberg

Anthony Agolia

Dear Supporter,

Awakening Recovery ("AR") has now been open over 2 years due to your generous support, helping our residents recover through our life saving process!

Thank you to our loyal and committed donors to date! Due to your generous contributions and loving help we now have:

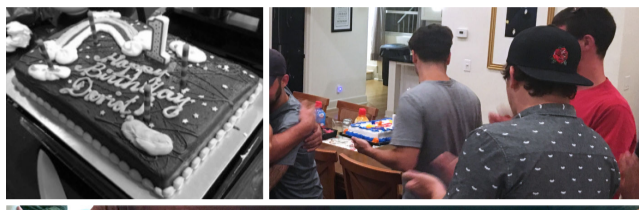
- + Over 60 drug addicts and alcoholics that have entered our house seeking a long-term recovery solution
+ 10 Current Graduates with 2 more on track to graduate by the end of the Summer
+ Over 50% of our residents who have stayed at least 30 days have remained for at least 6 months
+ Over 50% of our residents who have stayed for 6 months have remained to Graduate
+ Our 18 beds remain consistently full with a waiting list

Awakening Recovery is the most structured non-profit long-term 12-Step based recovery solution for drug addiction and alcoholism in Los Angeles and the above successes are proof of the efficacy of our process that we are continuing to build.

Since our last Newsletter 7 more residents have graduated: Tyler G., RJ J., Phillip W., David S., George C., Stuart M. and Rob Y.!

We are so proud of them for successfully completing our process and look forward to having them as a part of our alumni support group.

Graduates continue to give back to our community by sponsoring residents in their 12-Step process, leading peer groups in the house for our new residents with less than 60 days and our senior members with over 6 months, and attending our weekly house-wide and family peer groups.



From Our Graduates

"Hopeless, purposeless and broken would best describe my arrival to Awakening Recovery. The process brought integrity and meaning to my life. But the care and passion of the staff, and the spiritual community surrounding it, have provided me not only a way to live my life to its full potential, but gave me a higher purpose in the importance of helping others do the same. If the definition of grace is an undeserved gift, then AR has been my saving grace." - PHILLIP W.

"Through the life changing work while in the House, my sense of self and core values were heightened. Since graduating I have enjoyed a passion for life based on what I can do to improve the lives of others." - DAVID S.

"From being homeless and hopeless to sober and spiritually fulfilled, Awakening Recovery has been the best opportunity I have ever had. This program is a gift that keeps on giving long after you graduate." - STUART M.

"...I was living in motels with no family that wanted to talk to me and couldn't stop using even with a warrant for a strong armed robbery case...the house gave me hope and strength to be able to deal with real life challenges and not get loaded, also being able to be emotionally honest with my support group...today I continue to talk to my support, have my family back, got a place to live where I actually pay my own bills and am able to sponsor other people in the program to help them succeed in this world without having to get loaded. Awakening Recovery saved my life from a hopeless drug addiction to an active member in A.A. and productive person in society." - TYLER G.

House Activities

We had a celebratory open house in July to celebrate our July 1 two year anniversary in operation! Thank you to all who showed up to support us!



Our residents were again able to attend the annual LACYPA (Los Angeles County Young People in AA) trip to Magic Mountain through the generous contribution of one of our donors.



Thank you to our Board members who again underwrote our annual Big Bear trip for our residents and alumni! This year we had over 40 people attend and our graduate Austin G. celebrated 2 years sober during the trip. This

retreat weekend offers an opportunity for fun & fellowship, as well as in-depth peer groups going into the early morning hours.

We are grateful to remain for the 2nd year one of the 10 non-profit recovery homes in LA benefitting from the Yukaholics comedy show. Our residents will again volunteer to help with setup and strike of the event. Thank you Yukaholics and we hope you will support this great show taking place on September 29 by purchasing tickets at:

www.yukaholics.org/buy-tickets-2/



Plans for the Future

We are in the process of seeking funding for a 2nd Men's House since we are consistently full with a waiting list, an Outpatient Facility to give more depth and weight to our

process and a Women's House. This vision for the future is the result of an extensive 3-year Strategic Plan. We are building a scalable model of long-term recovery and need your help to get there.

The Holidays

This holiday season will be a busy time for Awakening Recovery! Thank you in advance to our donors for again hosting dinners at their homes in the next few months. These annual dinners have become a cornerstone of our fundraising efforts, and a compelling way to convey our mission in an intimate setting, reinforcing our philosophy of connection and community that we build with our residents and alumni. Our annual End of Year Appeal initiative will launch in November and will be a crucial part of our fundraising efforts. Thank you in advance for your participation.

We will be hosting our annual Holiday Party in December. You are all invited to this open house to celebrate the Holiday and your support of Awakening Recovery. Stay tuned for a Save The Date as the date approaches.

We have had a record year so far with Grants and Foundations. A huge thank you to our supporters who have helped us establish these relationships and continue to build them over time. Grants and Foundations are an essential part of our fundraising efforts.



Why I Give

This Quarter we are acknowledging the parent of a graduate who has been an important part of our support community in many ways. We are eternally grateful for his love and support of our mission.

"I continue to support Awakenings because as a parent I got to see how their program has changed the course of so many young men, giving them a solid foundation for the future...the work they are doing is absolutely awe inspiring and I'm looking forward to seeing many more come through the program to gain new lives!" - Anthony Agolia

The Opioid Crisis 72,000+ Americans died from overdoses in 2017 according to the CDC, a 9.5% increase from 2016 and 2-fold increase in a decade. Many of our residents have been in the hospital for overdoses in the past and now have a chance at life through our life saving process.

Homeless and Incarceration Update

Many of our residents are periodically or chronically homeless, or court ordered to AR in lieu of jail or prison sentences. According to the LA Times, the monthly cost to house an inmate in the CA prison system is around \$6,296. According to a RAND study it costs \$4,452 to house and provide services per month on average for a homeless person in LA County. At a significantly lower AR monthly cost per resident of \$2,700 to house, feed and provide valuable recovery services, AR provides a valuable relief to the County of Los Angeles Homeless Initiative/Measure H and state of California penal system.

We are working with public officials to advocate for policy changes and find public funding. If you have any contacts that you think can help us with these efforts we welcome the opportunity to work with them.

Estimated costs per month

Table with 2 columns: Category and Cost. Rows include CA PRISON SYSTEM (\$6,296), HOMELESS HOUSING & RELATED SERVICES (\$4,452), and AWAKENING RECOVERY (\$2,700).

Peer-to-Peer Giving

Peer to peer fundraising events have become a trend in social media portals such as Facebook who have made it as simple as a few clicks to setup fundraising campaigns like giving on your birthday. If you are interested in doing a social media driven fundraising campaign for Awakening Recovery, please contact David at 310-990-2235 for additional details.

Monthly Giving

We recognize that monthly giving is a convenient way to help and we have been fortunate to have a group of donors, many of which are family of alumni, participate in this way. If you want join our monthly support team, please visit our website at www.awakeningrecovery.org/donate/ and click the recurring donation box. Any amount is welcome.

Let's make sure willing addicts and alcoholics seeking long recovery continue to get the chance they need to awaken to a new life of sobriety! Visit our website to help at: awakeningrecovery.org/donate.

Sincerely,



David van der Velde, Executive Director

Awakening Recovery is an exempt organization as described in Section 501(c)3 of the Internal Revenue Code; EIN: 47-4819990