



**AWAKENING
RECOVERY**

SAVING LIVES, 12 STEPS AT A TIME™

JULY 2022 NEWSLETTER

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Dear Awakening Recovery Family:

Winter 2021 and Spring 2022 have brought emergence from isolation and renewal to the recovery community. As we approach our 6-year anniversary in July, we are remaining focused on living and thriving in the new reality of 2022, while continuing to acknowledge the grim milestone of over 1 million lives lost to COVID-19, as well as the tragedy of overdoses peaking to 100,000+ during the past year. Our unique and desperately needed year+ long peer mentoring, 12-Step and behavior change process imparted on our residents provides opportunity for a new beginning and the healing needed to not only survive their substance addiction, but **thrive as sober members of the recovery community with lives focused on helping others - just as they were helped.**

Graduate Feature



Every day I am grateful for everything the house has given me. I showed up with an ounce of willingness and enough desperation to try something different and this house and the fellowship has guided me on a path that has completely transformed my relationship with life and my higher power."

- Jackson P.
Graduated on
January 26, 2022

Before I came to Awakening Recovery, I accepted the fact that I was not going to survive the deadly disease of alcoholism, constantly repeating the same action that led me to be alone and without anything or anyone to care about my life. Before Awakening, I was sitting in a jail cell praying to God asking him to send me in a



direction that could save my life, and I ended up at the house. I never knew a place like Awakening Recovery ever existed, a place that didn't want anything from you at all. Their main goal is to give you the love, support, hope, a new foundation of life, and the tools to live a sober life, and it's exactly what the house has given me. It has pushed me to limits that I never thought were possible and it has given me a new way of thinking that completely blows my mind. I have become a man who can be honest, show up for his family and to be a friend who can lend a helping hand to help other people. Awakening Recovery has completely given me a life beyond my wildest dreams and one that I am just so grateful and proud of."

- David B.
Graduated on
March 9, 2022



Welcome our new Board Member – Jody Weinberg!

Jody is the Vice President, Business Affairs & Legal Counsel for Pixar Animation Studios, where she has worked for over 25 years.



Women's House - Coming in 2022

We are in the process of raising vital funds to open a women's house this year to serve women who are desperately seeking a long-term recovery solution to substance addiction. This house will be Los Angeles' only structured, year+ long term recovery home for women—with no financial barriers—focusing on the 12-Step philosophy and developing lasting changes in behavior to bring about sustainable recovery. Learn more by visiting our [women's house campaign page](#) on our website.



Partner Feature

The McMillen Family Foundation provides assistance to eligible groups and organizations in Southern California which are dedicated to helping people of all ages who have been impacted, directly or indirectly, by alcohol and/or drugs and to provide community outreach and education to prevent alcohol and/or drug addiction before it starts. The Foundation has been a generous partner of Awakening Recovery since 2019, and increased their giving during 2020 to help Awakening continue to serve the community during the pandemic.

"We are most interested in helping the woman and man on the street. We want to help those who do not have the resources to help themselves. If that is the population we want to help, it makes good sense to offer support to those institutions that work with them." - Karl and Carol McMillen



Saving Lives for Six Years

Saturday, July 16, 2022 from 2-5pm

Celebrate Awakening Recovery's 6th Anniversary!

Join us at our annual community event at Awakening Recovery as we reflect on this major milestone and the many lives transformed in the process.

On behalf of the Awakening Recovery Board of Directors, staff, alumni, and residents, **thank you for your continued support of our mission and work.**

In Gratitude,



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Executive Director
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