



AWAKENING RECOVERY

SAVING LIVES, 12 STEPS AT A TIME™

SEPTEMBER 2022 NEWSLETTER

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Dear Awakening Recovery Family:

The Summer of 2022 ushered in our 6th anniversary and we celebrated with a community event at the house with over 60 supporters in attendance. As part of the celebration, we acknowledged our graduate Board member, Austin, on his 6-year sobriety birthday and presented our most recent graduate, David T., with his diploma.



We're also thrilled to share our Board's decision **to move forward with the purchase of our future Women's House**, putting us on track to open to residents by the end of 2022! To date we have seen over 150 men walk through the doors of Awakening Recovery and we look forward to being able to add women to the scope of people we can help experience our year+ long recovery solution.

We are mindful that August was **Overdose Awareness Month**, highlighting the desperate need for long-term recovery paths for those seeking help for their substance addiction. If you'd like more information about Overdose Awareness month, [here is a link to my most recent blog post on Thrive Global about this important topic.](#)

Graduate Feature

“ I came to Awakening Recovery after relapsing again and ending up in the hospital. I was spiritually dead and the only thing I could do was plan my suicide. I had nowhere else to go for help and didn't really even care anymore. Awakening took me on a journey into my own darkness so that I could find the light. They taught me how to live the principles of the 12-Steps in everyday life. They gave me a community and fellowship which have been essential to my ongoing recovery. My gratitude for the house grows more and more every day. My life is filled with hope and unlimited possibilities and most of all freedom from the thing that was killing me... isn't that what it means to be awake?”

- **David T.**, Graduate





Welcome our new Board Member – Kelly Wu!

Kelly has nearly 10 years of experience working in the treatment industry. Motivated by her own experience with recovery, she has pursued multiple clinical positions throughout her career, currently she is a practicing Social Worker and the Executive Director at Grace Recovery.

Love Wins

One of the best parts of our AR recovery community is seeing the lives of our alumni blossom. Three of our alumni, Chris, Jerry, and Tyler, each got engaged. Our graduate, Dane, married his now wife Nicole! Please help us congratulate all of these happy couples on these important milestones.



Tyler and his fiancée, Talula



Jerry and his fiancée Isabel



Dane and his wife Nicole



Chris and his fiancée Dayna

On behalf of the Awakening Recovery Board of Directors, **thank you for your continued support of our mission and work.**

In Gratitude,

David van der Velde

Executive Director

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